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Time : 2½ Hours

PSYCHOLOGY

Subject Code

7	5	2
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Total No. of Questions : 8

(Printed Pages : 7)

Maximum Marks : 80

- INSTRUCTIONS :**
- (i) All questions are compulsory.
 - (ii) The question paper has *eight* main questions.
 - (iii) The figures to the right indicate marks for each sub-question.
 - (iv) Begin the answer to each main question on a fresh page.

1. (A) Select the *correct* alternative and write the completed sentence : 1

Individual's preference for engaging in one or more specific activities relative to others is

- Aptitude
- Interest
- Personality
- Values

(B) Answer the following :

4

(i) Parineeta is 12 years old. Her mental age is 15 years. Find her IQ using the formula and state the category to which she belongs.

(ii) Differentiate between creativity tests and intelligence tests.

(2 points)

(C) Answer the following in 12-15 sentences :

5

Analyse intelligence as a product of heredity and environment.

2. (A) Select the *correct* alternative and write the completed sentence :

1

Karen missed her appointment and failed to collect her blood report.

The defence mechanism used by her is

- Rationalisation
- Repression
- Projection
- Reaction formation

(B) Answer the following : 4

(i) Explain 'Situational tests' as a method of assessing personality.

(ii) Draw a neat labelled diagram to show the self and group boundaries in Western and Indian cultural perspectives.

(C) Answer any *one* of the following in **12-15** sentences : 5

(i) Analyse Alfred Adler and Erikson's approach to personality.

(ii) Analyse type approach to personality as given by Sheldon and Jung.

3. (A) Answer the following in *one* sentence : 1

What is the state of physical emotional and psychological exhaustion known as ?

(B) Answer the following in **4-6** sentences each : 4

(i) Differentiate between the thinking of Optimists and Pessimists.
(2 points)

(ii) Describe the 'Behavioural effects' of stress.

(C) Answer the following in **12-15** sentences : 5

Describe 'Biofeedback' and 'Creative visualisation' as stress management techniques.

4. (A) Select the *correct* alternative and write the completed sentence : 1

Low activity of the neurotransmitter GABA leads to

- Depression
- Anxiety disorders
- Bipolar disorders
- Schizophrenia

(B) Answer the following in 4-6 sentences each : 4

- (i) Explain the factors predisposing towards depression.
- (ii) Explain the two effects of alcohol on an individual's brain and behaviour..

(C) Answer the following in 12-15 sentences : 5

Analyse 'Delusions' and its types as a positive symptom of schizophrenia.

5. (A) Answer the following in *one* sentence : 1

Give the full form of 'sky'.

(B) Answer the following in 4-6 sentences each : 4

- (i) What is mean by 'positive and negative transference' ?
- (ii) Explain two characteristics of psychotherapeutic approaches.

(C) Answer the following in **12-15** sentences : 5

Describe the process of rehabilitating the mentally ill.

6. (A) Select the *correct* alternative and write the completed sentence : 1

The social norm that says we should help those persons who have helped us in the past is

- Norm of equity
- Norm of social responsibility
- Norm of reciprocity
- Norm of empathy

(B) Answer any *two* of the following in **4-6** sentences each : 4

- (i) Explain 'Self fulfilling prophecy' as a source of prejudice.
- (ii) State *four* characteristics of pro-social behaviour.
- (iii) What is mean by 'Primacy and Recency' effect ?

(C) Answer any *one* of the following in **12-15** sentences : 5

- (i) Discuss five salient characteristics of the group.
- (ii) Discuss the features of primary and secondary groups.

7. (A) Select the *correct* alternative and write the completed sentence : 1

The perspective that suggests that the physical environment exists mainly for use by human beings for their comfort and well being is

- Minimalist perspective
- Spiritualist perspective
- Instrumental perspective
- Ecological perspective

- (B) Answer the following in 4-6 sentences each : 4

(i) Explain *two* promotive actions to protect environment from pollution.

(ii) Differentiate between 'Instrumental and Hostile aggression'.
(2 points)

- (C) Answer the following in 12-15 sentences : 5

Describe 'Emotional reactions' and 'Social reactions' as features of post traumatic stress disorder.

8. (A) Answer the following in *one* sentence : 1

Name the kind of interview question intended to get a person to reflect on what she said and expand on it.

(B) Answer the following :

4

(i) State *two* disadvantages of observation.

(ii) Draw a neat labelled diagram showing the basic communication process.

(C) Answer the following in **12-15** sentences :

5

Discuss five guidelines to be kept in mind while showing positive regard for others.